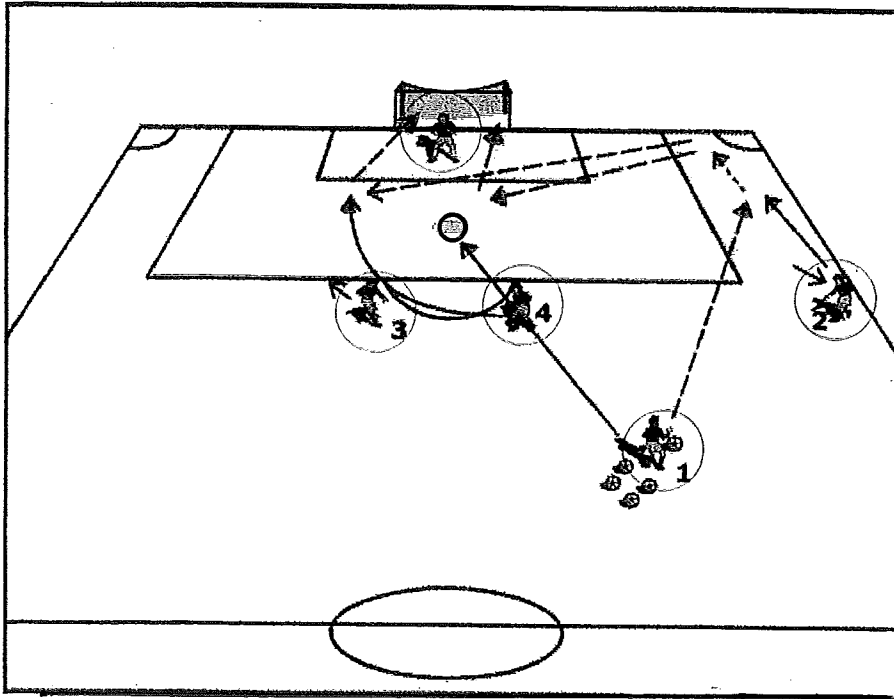


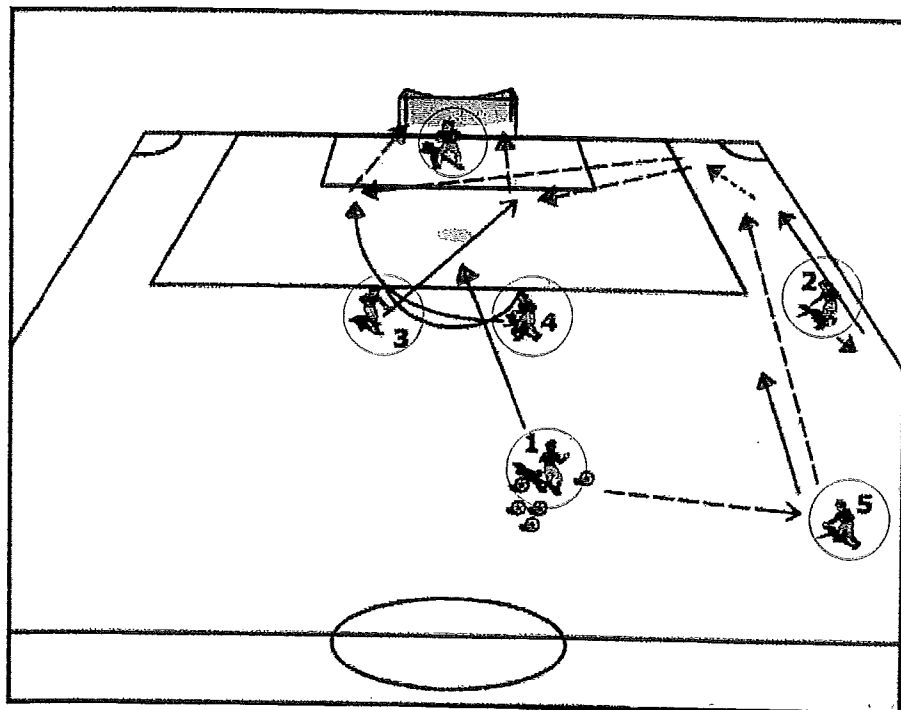
Intro



Coaching Points

- Attack the flank space
- Movement of wide player (Show & go)
- Accuracy & weight of pass/cross
- Part of foot / ball
- Open up to the ball on 1st touch
- Eye on the ball to strike
- Follow through

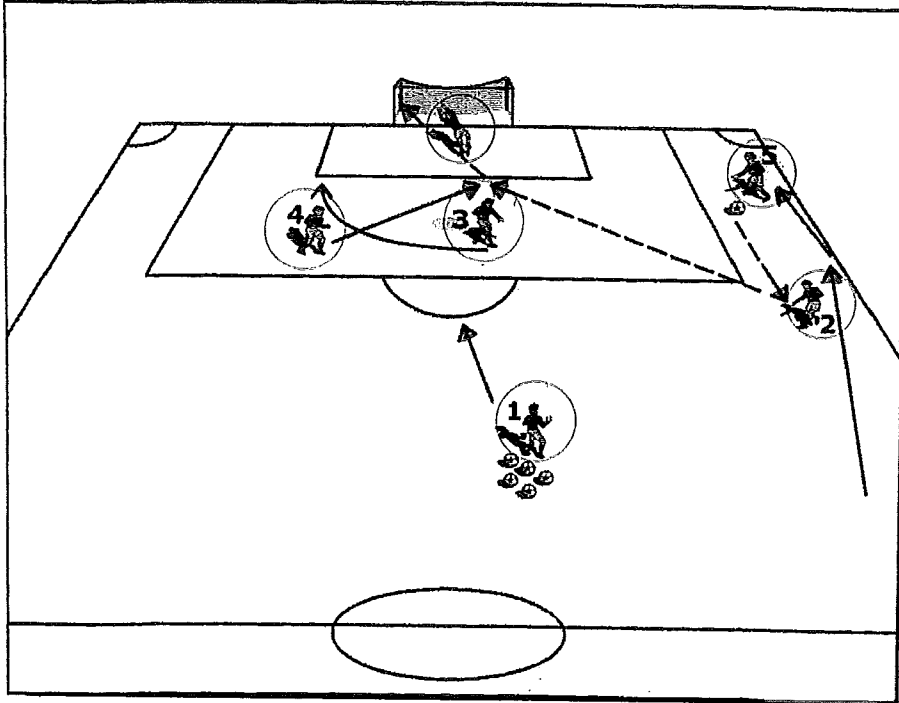
Near & Far Post Cross



Coaching Points

- Part of foot / ball (bent into path of X2's run)
- Pace/weight/timing of pass
- Eyes on the ball to strike
- Follow through
- Attack the cross
- 'Garbage Man' timing position

Early Cross

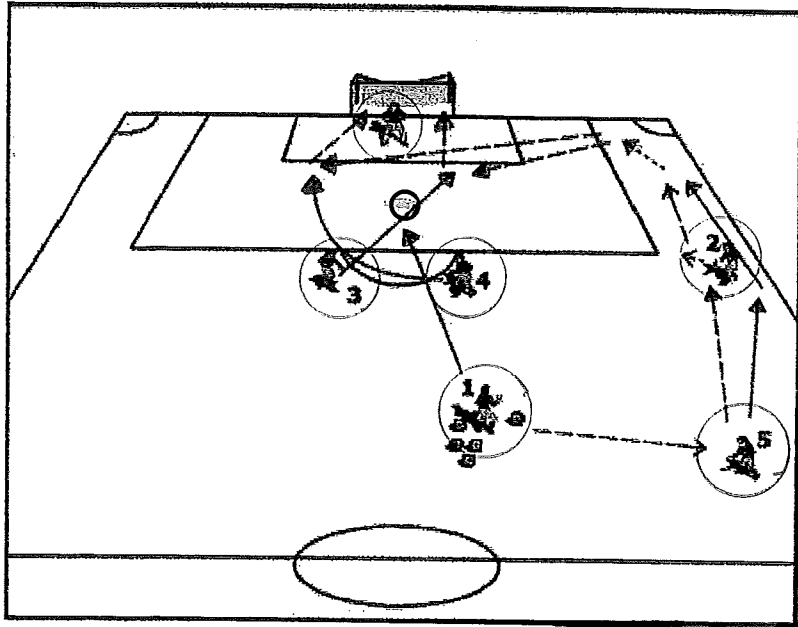


Ball is pulled back for early cross

Coaching Points

- Part of foot / ball
- Follow through
- Timing / angle of striking runs
- Eyes on ball
- Attack the ball
- Attitude & accuracy

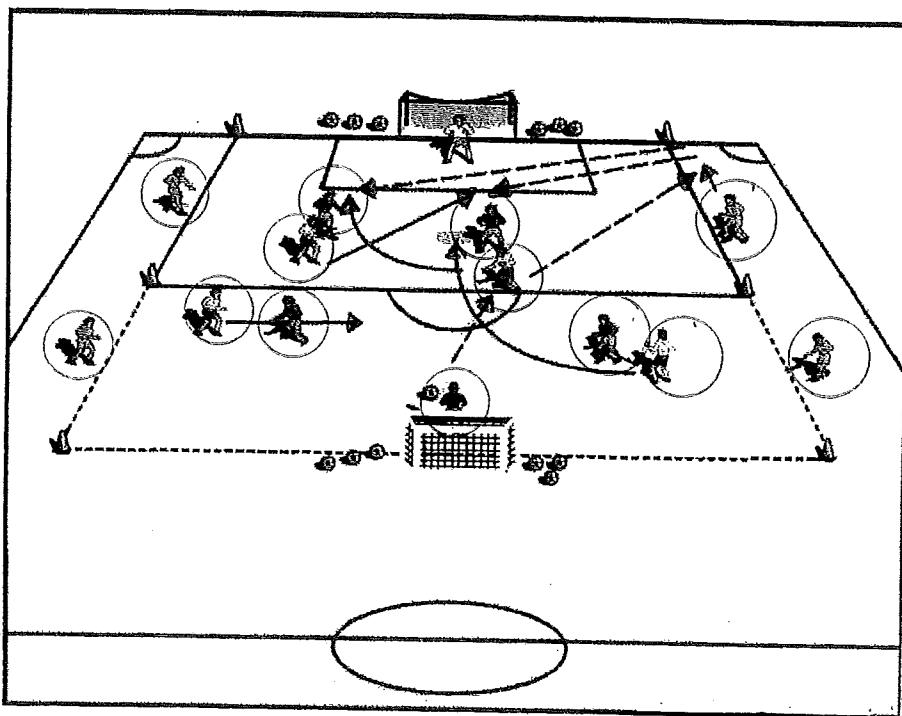
Attacking the Cross



Coaching Points

- Timing /angle of striking runs
- Eyes on ball
- Attack the ball
- Attitude & accuracy
- 1st touch

5v5 Flank Players



44x36 Yard

Coaching Points

- 1st touch
- Part of foot / ball
- Pace / timing / accuracy of cross
- Timing / angle of striking runs
- Attack the cross
- Eyes on ball to strike